July 2016

Tai Chi

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28 7:30 PM Tai Chi @ Mountain Fitness	29	30	1	2 1:00 PM Tai Chi @ Mountain Fitness
3	4	5 7:30 PM NO CLASS	6	7	8	9 1:00 PM No Class
10	11	12 7:30 PM Tai Chi @ Mountain Fitness	13	14	15	16 1:00 PM No Class
17	18	19 7:30 PM Tai Chi @ Mountain Fitness	20	21	22	23 1:00 PM Tai Chi @ Mountain Fitness
24	25	26 7:30 PM Tai Chi @ Mountain Fitness	27	28	29	30 1:00 PM No Class
31	1	2 7:30 PM No Class	3	4	5	6 1:00 PM No Class

Eastern Time Time Zone